



Faculty of Sports and Exercise Medicine 18th Annual Scientific Conference 2022

'Sports Medicine Challenges – The Thigh and Lower Leg' 17th September, 2022 - 09.00-18.30 (Virtual Event)

We are delighted to welcome online attendees to this year's Faculty of Sports and Exercise Medicine (FSEM) 18th Annual Scientific Conference, which marks the 20th anniversary of the FSEM. We are excited to announce a number of ***national and international*** expert speakers to present on 'Sports Medicine Challenges of the Thigh and Lower Leg'. We are finalising a number of more speakers but here is a taster of what to expect. This conference will be co-chaired by ***Dr Pat O'Neill*** (Consultant in orthopaedic & sports medicine, Mater Private & Cappagh National Orthopaedic Hospitals) and ***Dr Ronan Kearney*** (Sports and Exercise Medicine Fellow, Sports Surgery Clinic, Dublin).

Part 1 of the conference will explore ***functional anatomy of the thigh alongside current concepts in assessment and management of challenging hamstring and quadriceps injuries***. To date confirmed speakers for Part 1 include:

- ***Dr Alison Grimaldi (Brisbane, Australia)***
Physiotherapist and Senior Research Fellow at the University of Queensland. Extensively published on hip, groin and lower limb biomechanics.
- ***Mr Fearghal Kerin (Dublin, Ireland)***
Rehabilitation Physiotherapist Leinster Rugby. PhD candidate with a focus on hamstring injuries.
- ***Dr Kelly McInnis (Boston, USA)***
Sports Medicine Physician. Team Physician: Boston Red Sox, New England Patriots; Consultant: Boston Ballet, Boston Bruins, New England Revolution Assistant Professor of Physical Medicine and Rehabilitation, Harvard Medical School.

- **Mr James Cashman (Dublin, Ireland)**
Consultant Orthopaedic Surgeon National Orthopaedic Hospital Cappagh, Beacon Hospital, Bons Secours Hospital and Mater Private Hospital, Dublin.
- **Prof Fares Haddad (London, UK)**
Consultant Orthopaedic Surgeon University College London Hospitals. Professor of Orthopaedics and Sports Surgery University College London.
- **Dr Noel Pollock (London, UK)**
Consultant Sports and Exercise Medicine Physician at the Institute of Health, Exercise and Health. Chief Medical Officer for British Athletics. Lead author for British Athletic Muscle Injury Classification publications.
- **Ms Sue Falsone (Arizona, USA)**
Certified Athletic Trainer, Physical Therapist and Strength and Conditioning Coach. Director of Movement and Return to Performance (Houston, Texas), Associate Professor of Athletic Training AT Still University. Previous and current roles with NBA, NFL, Major League Baseball as well as US Soccer teams.

Part 2 of the conference will focus on a **variety of lower leg pathologies including bone stress injuries, chronic exertional leg pain, sporting vascular lower limb differentials as well as assessment and management of gastrocnemius, soleus and achilles injuries**. We are proud to announce confirmed expert speakers for Part 2 with a number experts to be announced later:

- **Dr Andy Franklyn-Miller (Dublin, Ireland)**
Consultant Sports and Exercise Medicine Physician and Director of Sports Medicine, Sports Surgery Clinic.
- **Ms Ciara McCallion (Dublin, Ireland)**
Physiotherapist Sport Ireland Institute, previous 4x400m International athlete.
- **Dr Rick Seah (London, UK)**
Consultant Sports and Exercise Medicine Physician at the Institute of Sport, Exercise and Health, London.
- **Prof Stephen Eustace (Dublin, Ireland)**
Consultant Musculoskeletal Radiologist. Newman Professor of Radiology University College Dublin. Director of Radiology National Orthopaedic Hospital Cappagh.

- **Dr Carles Pedret (Barcelona, Spain)**
Consultant Sports and Exercise Medicine Physician for multiple elite professional sports teams with expertise in musculoskeletal ultrasound.
- **Dr Ebonie Rio (Melbourne, Australia)**
Sports Physiotherapist at the Victorian Institute of Sport and The Australian Ballet and Senior Research Fellow at La Trobe University, PhD in tendon pain.
- **Dr Phil Glasgow (Dublin, Ireland)**
Physiotherapist and Head of Rehabilitation and Physiotherapy, Irish Rugby Football Union.

Athlete Interview:

- **Paul O'Connell**
Irish Rugby Legend. Previous Munster, Ireland and Lions Captain. Third most capped Irish rugby player of all time. Current Irish Rugby coach.

The event also gives clinicians and students an opportunity to present summaries of their research during the Research Presentation sections throughout the day. The **Moira O'Brien Medal** will be awarded for the Best Research Presentation.

Don't miss out on what promises to be an event packed with key educational pearls from world experts.

Click [HERE](#) to register

For further information please contact Faculty office at sportsfac@rcsi.ie or Annemarie directly on annemariecreighton@rcsi.com or on 01 402 2382.

We have partnered again with [Medcafe](#) for IT support, for delivery of webinar to maximum professional standard.

This event will be live/recording will be available afterwards via Medcafe.