



**FSEM 20<sup>th</sup> Annual Scientific Conference**  
**“Exploring Future Frontiers in Sports & Exercise Medicine”**  
**Royal College of Surgeons in Ireland (RCSI, Onsite)**  
**Friday 13<sup>th</sup> Sept 2024 – 07.00 – 18.00**

**Dr Marie-Elaine Grant – Honorary Fellow**



Dr Marie-Elaine Grant’s career is marked by her tenure as Ireland’s Olympic Team Lead Physiotherapist from 1990 to 2010, and further as an expert advisor to the International and Olympics Committee’s Medical and Scientific Commission from 2010 to present day, underscores her commitment to advancing physiotherapy practises and ensuring the well-being of athletes.

She graduated from University College Dublin (UCD) in 1981, she is a specialist practicing member of the Irish Society of Chartered Physiotherapists (MISCP), the Chartered Society of Physiotherapists (MCSP) and is a registered physiotherapist with CORU.

After graduating, she undertook a physiotherapy internship at the University Hospital in Geneva, Switzerland. Returning to Ireland, Marie-Elaine was appointed Head of Physiotherapy Department in Blackrock Clinic.; enabling the rapid advancement of clinical expertise in treating a wide range of orthopaedic, musculoskeletal conditions and sports injuries.

In 1990, she was appointed to the Irish Olympic Medical and Sports Science Committee to plan and implement a comprehensive strategy for the provision for the high-quality physiotherapy support for high-performance athletes. Her extensive work involved developing physiotherapy support networks and collaborating with medical teams across various National Governing Bodies of Sport.

Marie-Elaine was appointed to the Irish Olympic Team for five consecutive summer Olympic Games, starting with Barcelona in 1992 and culminating in Beijing in 2008; additionally serving with the Irish Olympic Team in Turin 2006 & Vancouver in 2010. Her expertise was not limited to elite athletes, she played a pivotal role in supporting developmental youth athletes, having been appointed to 10 Irish European Youth Olympic Squads.

In 1997, Marie-Elaine opened her practice, Dr Grant Chartered Physiotherapy and Sports Injury Centre, in Dublin. Here she continues to enjoy Clinical Practice, particularly in her specialist area of sports & exercise physiotherapy catering to recreational and high performance athletes and sports people.

She was awarded a PhD in 1997 from the University of Limerick, her research thesis was supervised by the renowned sports leader and former co-founder of the British Olympic Medical Centre, Prof Craig Sharp.

Since 2010, she has been a member of the Medical and Scientific Commission, of the International Olympic Committee (IOC). In this role, she is responsible for monitoring all physiotherapy activities and facilities for all nations participating in the Olympic Games (both summer and winter). Her key aim is to protect the health of the world's Olympic athletes and advance the role of physiotherapy within the global Olympic movement. She has overseen the preparation and delivery of physiotherapy services for several Olympic games, inclusive of Winter Olympic from 2012 to date. She is currently preparing for Paris 2024. In 2022 she was appointed to the European Olympic Medical and Anti-Doping Commission further extending her influence on the important role of physiotherapy in sports medicine.

More recently, Marie-Elaine has published several peer-reviewed publications relating to sports injury and physiotherapy topics and is a regular presenter at international conferences. In 2014 she became an associate member of the UCD Institute for Health & Sport Performance and Commission of the UCD Elite Athlete Academy Physiotherapy Assessment System. Since 2015, she has been an Advisory Board Member for the IOC Diploma in Physical Therapy Programme, ensuring the relevance and effectiveness of ongoing education for physiotherapists and sports professionals. She lectures on BSc Physiotherapy programs and post-graduate MSc programs in Sports and Exercise Physiotherapy and mentors post-graduate physiotherapists. Through Olympic Solidarity, she has also provided sports physiotherapy education to developing nations in Africa.

Through her clinical practice, academic pursuits, and leadership roles, she continues to shape the future of sports physiotherapy, ensuring that athletes receive the highest standards of care and support in their pursuit of excellence.

**CPD Credits: 10 External awarded by FSEM**    **SPONSORS: [UPMC SSC](#) & [Alliance Medical](#)**

**This Conference has [BJSM](#) approval**



**For further information contact Annemarie at [sportsfac@rcsi.ie](mailto:sportsfac@rcsi.ie) or on 01-402-2382**