



**FSEM 18<sup>th</sup> Annual Scientific Conference (Virtual Event)**  
**‘Sports Medicine Challenges of the Thigh and Lower Leg’**  
**17<sup>th</sup> September 2022 – 09.00-18.30 (IST)**

**PROGRAMME**

**Co-Chairs:**

**Dr Pat O’Neill**, Consultant Sports & Orthopaedic Medicine Physician, National Orthopaedic Hospital Cappagh and Mater Private Hospital, Dublin

**Dr Ronan Kearney**, Consultant Sports & Exercise Medicine Physician, Sports Surgery Clinic and Sport Ireland Institute, Dublin

TIME	TOPIC	PRESENTER
09.00-09.05	FSEM Dean: Introduction	<b>Dr Philip Carolan</b> <i>Consultant Sports &amp; Exercise Medicine Physician, Sport Surgery Clinic, Dean FSEM</i>
09.05-09.10	20 <sup>th</sup> Anniversary FSEM: Past & Future of SEM	<b>Dr Pat O’Neill</b> <i>Consultant Orthopaedics and Sports Medicine, Mater Private Hospital, and National Orthopaedic Hospital Cappagh</i>
09.10-09.15	Opening Address	<b>Dr Jack Chambers TD</b> <i>Minister of State for Sport and the Gaeltacht and Government Chief Whip</i>
<b>PART 1A: Thigh</b>		
09.15-09.35	Functional Anatomy of the Hip and Thigh	<b>Dr Alison Grimaldi</b> <i>Physiotherapist and Senior Research Fellow at the University of Queensland. Extensively published on hip, groin and lower limb biomechanics.</i>
09.35-09.55	Diagnostic Imaging of the Thigh	<b>Dr Niamh Long</b> <i>Consultant Radiologist, National Orthopaedic Hospital Cappagh, and the Mater Hospital</i>
09.55-10.15	British Athletic Muscle Injury Classification: A Clinical Update	<b>Dr Noel Pollock</b> <i>Consultant Sports and Exercise Medicine Physician at the Institute of Health, Exercise and Health. Chief Medical Officer for British Athletics. Lead author for British Athletic Muscle Injury Classification publications.</i>
10.15-10.35	Hamstring Injury Rehabilitation	<b>Mr Fearghal Kerin</b> <i>Rehabilitation Physiotherapist Leinster Rugby. PhD candidate with a focus on hamstring injuries.</i>
10.35-10.55	Part 1A – Group Q & A	

<b>10:55-11:05</b>	<b>Morning break</b>	
11:05-11:25	Research update presentations and Q&A	
<b>PART 1B: Thigh</b>		
11:25-11:45	Knee extensor mechanism tendinopathy	<b>Dr Kelly McInnis</b> <i>Sports Medicine Physician. Team Physician: Boston Red Sox, New England Patriots; Consultant: Boston Ballet, Boston Bruins, New England Revolution. Assistant Professor of Physical Medicine and Rehabilitation, Harvard Medical School.</i>
11:45-12:05	Quadricep injury rehabilitation	<b>Ms Sue Falsone</b> <i>Certified Athletic Trainer, Physical Therapist and Strength and Conditioning Coach. Director of Movement and Return to Performance (Houston, Texas), Associate Professor of Athletic Training AT Still University. Previous and current roles with NBA, NFL, Major League Baseball as well as US Soccer teams.</i>
12:05-12:25	Surgical approach to Hamstring injuries	<b>Prof Fares Haddad</b> <i>Consultant Orthopaedic Surgeon University College London Hospitals. Professor of Orthopaedics and Sports Surgery University College, London.</i>
12:25-12:45	Surgical approach to Quadricep avulsion Injuries	<b>Mr James Cashman</b> <i>Consultant Orthopaedic Surgeon National Orthopaedic Hospital Cappagh, Beacon Hospital, Bons Secours Hospital and Mater Private Hospital, Dublin.</i>
12:45-13:05	Part 1B – Group Q&A	
13:05-13:45	Research update presentations and Q&A	
<b>13:45-14:15</b>	<b>Lunch</b>	
<b>PART 2A: Lower Leg</b>		
14:15-14:35	Overview Lower Leg Clinical Applied Anatomy	<b>Ms Ciara McCallion</b> <i>Physiotherapist Sport Ireland Institute, previous 4x400m International athlete.</i>
14:35-14:55	Bone Stress Injuries	<b>Dr Rick Seah</b> <i>Consultant Sports and Exercise Medicine Physician at the Institute of Sport, Exercise and Health, London.</i>
14:55-15:15	Chronic exertional lower leg pain	<b>Dr Andy Franklyn-Miller</b> <i>Consultant Sports and Exercise Medicine Physician and Director of Sports Medicine, Sports Surgery Clinic.</i>

15:15-15:35	Chronic exertional compartment syndrome: Surgical Management	<b>Dr John Hynes</b> Musculoskeletal Radiology Fellow, National Orthopaedic Hospital Cappagh
15:35-15:55	Part 2A - Group Q&A	
<b>15:55-16:05</b>	<b>Afternoon Break</b>	
16:05-16:25	Research update presentations and Q&A	
<b>PART 2B: Lower Leg</b>		
16:25-16:45	Sporting Vascular Lower Leg	<b>Prof Steve Eustace</b> <i>Consultant Musculoskeletal Radiologist. Newman Professor of Radiology University College Dublin. Director of Radiology National Orthopaedic Hospital Cappagh.</i>
16:45-17:05	Gastrocnemius / Soleus injury dynamic assessment	<b>Dr Carles Pedret</b> <i>Consultant Sports and Exercise Medicine Physician for multiple elite professional sports teams, with expertise in musculoskeletal ultrasound.</i>
17:05-17:25	Calf Muscle Rehabilitation	<b>Dr Phil Glasgow</b> <i>Physiotherapist PhD and Head of Rehabilitation and Physiotherapy, Irish Rugby Football Union.</i>
17:25-17:45	Lower leg tendinopathy Rehabilitation	<b>Dr Ebonie Rio</b> <i>Sports Physiotherapist at the Victorian Institute of Sport and The Australian Ballet and Senior Research Fellow at La Trobe University, PhD in tendon pain.</i>
17:45-18:05	Part 2B – Group Q&A	
18:05-18:20	Athlete Interview	<b>Mr Paul O'Connell</b> <i>Irish Rugby Legend. Previous Munster, Ireland and Lions Captain. Third most capped Irish rugby player of all time. Current Irish Rugby coach.</i>  <b>Interviewer: Dr Ciaran Cosgrave</b> <i>Consultant Sports &amp; Exercise Medicine Physician, Sports Surgery Clinic, and Irish Rugby Men's First Team Doctor</i>
18:20-18:25	<b>Prof Moira O'Brien Award for Best Research Update Presentation</b>	
18:25-18:30	Memorial mentions and close	<b>Dr Pat O'Neill</b>
<b>18:30</b>	<b>CLOSE</b>	