



FSEM Virtual Spring Symposium – Shoulder & Elbow Injuries in Sport In Collaboration with University College Cork

Thursday 21st April 2022 – 5.30pm – 8.30pm

*This webinar will be co-chaired by **Dr Ciaran Cosgrave** (Consultant Sports & Exercise Medicine Physician, Sports Surgery Clinic, Santry), **Dr Mark Matthews** (Physiotherapist, School of Sport – Course Director MSc Sports and Exercise Medicine, Ulster University, Belfast, UK) & **Ms Orla Duggan** (Lecturer & Programme Coordinator of the MMedSc Sports & Exercise Medicine, UCC).*

SPEAKERS BIOGRAPHIES:

Prof Eanna Falvey (Consultant Sports & Exercise Medicine Physician, CMO World Rugby)



Prof Falvey is the Chief Medical Officer for World Rugby. He has been involved in team coverage for Hurling, Football, Boxing, Rugby and Australian Rules football at elite levels. Prof Falvey graduated from University College Cork School of Medicine before working clinically and researching at the Department of Rheumatology, Sports and Exercise Medicine in Cork University Hospital. He undertook a fellowship in Sports Medicine at the University of Melbourne and completed a PhD at University College Cork.

He was the Irish Senior Rugby Team Doctor from 2009 spanning the Rugby World Cups of 2011 and 2015. He was Doctor to the successful British & Irish Lions tour to Australia in 2013, and was Doctor with Munster Rugby for 4 years from 2003–07 including the inaugural Heineken Cup win in 2006. He was the Irish Amateur Boxing Association High Performance Unit Physician from 2009–2016 during a period of unrivalled success for Irish boxing. Prof Falvey contributes on the MMedSc Sports and Exercise Medicine at University College Cork, where a new generation of sports and exercise medicine practitioners are being trained.

Having worked in professional and elite sport for more than a decade, as a former international amateur boxer. Prof Falvey brings personal experience of competition – failure, injury and success – to match a unique clinical skill-set. As a clinician researcher, he has worked, and collaborated with, some of the leading names in world sports medicine. His research output over the last decade has included a textbook, numerous book chapters and over 30 peer-reviewed publications. His work is continuously informed by research, ensuring patients receive elite-level care while avoiding non-evidence-based practice.

Dr Nina Marshall, Radiologist, Bons Secours Hospital, Cork



Dr Nina Marshall is a consultant radiologist at Bons Secours Cork. She completed radiology training at the Alfred Hospital Melbourne, Australia and Beaumont Hospital, Ireland inclusive of a fellowship in MRI. Subspeciality interests include musculoskeletal imaging for both rheumatology and sports medicine patients, with diagnostic work and intervention for this population. She enjoys teaching Masters students in UCC's Radiography and Sports Medicine programs

Mr Diarmuid Molony, Consultant Orthopaedic Surgeon, Sports Surgery Clinic, Santry



Mr Molony is a graduate of University College Dublin. He completed higher surgical training in Orthopaedic Surgery in Ireland in 2010 and spent the following year as clinical fellow in shoulder and elbow surgery at the Royal North Shore Hospital (University of Sydney) in Australia and as Trans-Tasman shoulder and elbow fellow in Christchurch, New Zealand. He also completed visiting fellowships focussing on elbow reconstruction in the Hand and Upper Limb Centre, London Ontario and The Mayo Clinic, Rochester Minnesota.

Mr Molony returned to Ireland in 2011 and has been practicing as a consultant orthopaedic surgeon specialising in shoulder and elbow surgery since then. Having initially worked in Waterford, he returned to Dublin in 2014 and currently works in Tallaght University Hospital, Blackrock Clinic and The Sports Surgery Clinic, Santry. He provides a tertiary referral service for complex shoulder and elbow problems and has a particular interest in post-traumatic elbow and shoulder reconstruction, shoulder and elbow instability and joint replacement of the shoulder and elbow.

Mr Molony has a Masters in Surgery and has published over 20 peer-reviewed publications and a book chapter. He has ongoing research interests in traumatic shoulder and elbow injuries and sports injuries. He has published and presented nationally and internationally on shoulder and elbow conditions and other aspects of trauma and orthopaedic surgery. He is involved in higher surgical training in orthopaedics both in Ireland and internationally.

He is a founding member and treasurer of the Irish Shoulder and Elbow Society and a member of the British Elbow and Shoulder Society. He is a fellow of the Royal College of Surgeons in Ireland and a member of the Irish Institute of Trauma and Orthopaedic Surgery and the Irish Orthopaedic Association. He is chairman of AO Trauma in Ireland and has acted on faculty for international meetings on shoulder and elbow reconstruction and trauma surgery. He was awarded trainer of the year by the Irish Orthopaedic Trainees Association in June 2020.

Mr Chris McNicholl, Lead Physiotherapist, Ulster Rugby



Chris McNicholl BSc. MSc. Lead Physiotherapist Ulster Rugby. Chris has been employed by the IRFU as Lead Physiotherapist at Ulster Rugby since 2019- having joined Ulster as Rehab Lead in 2016. Chris had spent 9 years prior to this as Physiotherapist at the Sports Institute of Northern Ireland during which time he was Team Physiotherapist at the Glasgow/Dehli Commonwealth Games and the London and Rio Olympics.

Ms Edel Fanning, Lead Shoulder Physiotherapist, Sports Surgery Clinic, Santry



Edel is a chartered physiotherapist and leads the upper limb rehabilitation service at the Sports Surgery Clinic, Dublin. Edel completed her honours degree in physiotherapy at Huddersfield University in 2006 and completed her Masters in Manipulative Therapy at Sheffield Hallam University in 2014. Prior to working in Dublin, she worked as a Clinical Specialist Physiotherapist for a number of years in the UK National Health Service. She has presented at both national and international conferences on rehabilitation of the shoulder. Edel has a keen interest in shoulder biomechanics, the sporting shoulder and injury prevention and has worked with elite athletes from a wide range of sporting disciplines. She is currently completing her PhD at the University College Cork investigating the use of return to play criteria post glenohumeral joint stabilisation. Her work explores the role of 3D biomechanics and the use of novel upper limb functional tests in assisting return to play decision making post shoulder reconstruction in contact athletes.

5 External CPD Credits will be awarded by FSEM

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We have partnered with [Medcafe](#) for IT support, for delivery of webinar to maximum professional standard. This event will be live/recording will be available afterwards via Medcafe.

For further information please contact Faculty office at sportsfac@rcsi.ie or Annemarie directly on annemariecreighton@rcsi.com or on 01 402 2382.