



OLLSCOIL NA GAILLIMHE
UNIVERSITY OF GALWAY

FSEM Spring Symposium - Athletic Hip & Groin

In Collaboration with University of Galway - Thursday 4th April, 2024 – 3.30pm – 7.00pm
VIRTUAL ONLY EVENT – RECORDING AVAILABLE UP TO 6 MONTHS AFTER EVENT (via Medcafe)

Programme

Session 1: 3.30pm-4.00pm - Postgraduate Students Session

Time **Research Presentations** **Chair: Dr Matthew Cosgrave**

3.30pm *Welcome & Introduction - Dr Matthew Cosgrave*

3.35pm Student Research Presentations

Session 2: 4.15pm – 7.00pm

Time **Scientific Sessions** **Chair: Dr Mark Matthews**

4.15pm *Mr Garret Coughlan*, Chartered Physiotherapist, CORE Health & Performance –
‘Considerations for Assessment, Rehabilitation and Return to Running in Athletic Groin Pain’

4.45pm *Mr Ben Daly*, Strength & Conditioning Consultant – *‘End Stage Rehab and Loading Considerations in Hip and Groin Pain’*

5.15pm **BREAK**

5.30pm *Dr Jamie Kearns*, Sports Medicine Physician – *‘Adjuncts to Care in Hip & Groin Pain’*

6.00pm *Prof Damian Griffin*, Consultant Orthopaedic Surgeon – *‘Surgical Management of Athletic Hip and Groin Pain’*

6.30pm **Panel Discussion – Q & A Session**

7.00pm *Closing Remarks – Dr Matthew Cosgrave*

**Cost: FSEM Fellows & Members – Benefits = €0, Standard = €30.00,
non FSEM Fellows & Members = €35.00, Standard Student = €20.00, FSEM Student - €10.00.**

Sessions are open to FSEM Fellows and Members, Doctors in all specialties, Physiotherapists, Athletic Therapists, Sport/Exercise Scientists, Nurses, Paramedics, and Allied Healthcare Professionals with an interest in Sports and Exercise Medicine. Undergraduate & post graduate students in relevant disciplines are also welcomed to attend.

PLEASE NOTE THAT PRE-REGISTRATION IS REQUIRED IN ORDER TO ACCESS RECORDING

CPD Credits: 5 External credits awarded by FSEM

For further details, please contact: Ms Annemarie Creighton, Faculty of Sports and Exercise Medicine, RCSI House, 121 St Stephen’s Green, Dublin 2.

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