



## **FSEM Web 13 – Injection Therapy in Musculoskeletal Medicine (Virtual Event)**

**Saturday 1<sup>st</sup> Feb, 2025 - 10.00-12.00**

### **Speakers Bios**

*This webinar will be co-chaired by **Dr Matthew Cosgrave (Consultant Sports & Exercise Medicine Physician, UPMC Sports Surgery Clinic (UPMC SSC), Santry, Dublin & Dr Katie Lydon (SEM SpR).***

***Dr Nathan Wall - FFSEM, MFSEM (UK), MB, BCh, BAO, MICGP, MSc (Sport & Exercise Medicine), Dip (MSK Medicine, FIFA). General Practitioner, Blessington, Co Wicklow.***



Dr Nathan Wall is a General Practitioner based in Blessington Family Practice, Co Wicklow and is course principal of the ICGP/FSEM Diploma in Musculoskeletal Medicine. He has worked in various sports medicine roles, primarily in youth soccer as club academy doctor for Shamrock Rovers FC and with FAI underage national teams.

Dr Wall has a strong interest in treating musculoskeletal issues in the general population. He commonly sees musculoskeletal referrals from other GPs and physiotherapists, for individualised holistic management and landmark-guided joint injections when required.

***Dr Jamie Kearns - MB BCh CAO, MSc (SEM), PgDip (Med US), MRCPI, MICGP, FFSEM, MFSEM (UK). Sports Medicine Consultant, UPMC, TUS, Moylish Campus, Limerick & UPMC/SSC, Santry, Dublin.***



Dr Jamie Kearns is originally from Dublin. He qualified from UCD in 2006 with an honours degree as well as a BMedSci. He went on to complete basic specialist training in medicine in Galway and completed an MRCPI in 2009. As part of his BST he undertook a six month visiting rotation in the Mayo Clinic, Rochester. He subsequently completed a Masters in Sports and Exercise Medicine from NUI Galway in 2011, graduating with a 1st Class Honours.

Dr Kearns proceeded to vocational training in general practice and was awarded MICGP in 2013. Having worked in full time General Practice with a specialist interest in sports and orthopaedic medicine, Dr. Kearns began specialist training in Sports and Exercise Medicine in 2021 and completed his training in 2023. During his specialist training he undertook post graduate training in Medical Ultrasound in AECC University College, Bournemouth. He has also been awarded

membership to the Faculty of Sports & Exercise Medicine UK.

Since 2018, Dr. Kearns has been the Head of Medical for Munster Rugby. He has worked as team doctor for Connacht Rugby and the Ireland Men's senior rugby team as well as the independent match day doctor for senior internationals, including the upcoming 6 nations.

Dr. Kearns also has experience working with the FAI joining the Ireland Women's senior team in 2012 and working with the U19's Mens team thereafter.

He was awarded FFSEM (Irl) in 2017 and was elected to the Board of the FSEM in 2018. He was PCS manager until his entry onto the Specialist Training Scheme and still sits on the subcommittee for Fellowship and Membership. He is also undertaking research in collaboration with University of Limerick into blood biomarkers in concussion within elite level rugby. He has a number of publications in this area and neurology.

Special interests:

- Acute injury assessment and diagnostics
- Chronic injuries including tendon and joint injuries/disorders
- Concussion
- Ultrasound guided interventions/joint injections (not spinal)

***Dr Jennifer Murphy – MB BCh BAO (Hons), MRCPI (2012), FFR RCSI, FRCR. Consultant Radiologist, UPMC/SSC, Santry, Dublin.***



Jennifer is a Consultant Radiologist at UPMC Sports Surgery Clinic. She graduated from University College Cork in 2009 and completed higher specialist training in Clinical Radiology in Ireland in 2017. Jennifer completed a fellowship in Musculoskeletal Radiology from 2017-18 at the Royal Orthopaedic Hospital, Birmingham, a tertiary referral centre for bone and soft tissue sarcoma, before returning to take up a consultant position in 2021.

Jennifer also completed a further fellowship from 2018-19 in Diagnostic Neuroradiology at University Hospital Birmingham NHS trust which complements her training in the area of spinal imaging in particular.

Jennifer gained extensive experience in the area of musculoskeletal imaging and intervention during her time in the UK before returning to Ireland in 2024 to take up her current position. Jennifer has published in a number of peer reviewed journals and has also authored three book chapters on musculoskeletal imaging.

**4 External CPD Credits will be awarded by FSEM.**

For further information please contact Faculty office at [sportsfac@rcsi.ie](mailto:sportsfac@rcsi.ie) or Annemarie directly on [annemariecreighton@rcsi.com](mailto:annemariecreighton@rcsi.com) or on 01 402 2382

***You must register to attend webinar in order to access recording. Recording will be available for 6 months afterwards. Reg link open until 12.00pm 1<sup>st</sup> Feb, 2025***