



FSEM Webinar 14 – ‘Anti-Doping’

Saturday 17th May, 2025 - 10.00am-12.00pm

SPEAKERS BIOS:

Elaine Cahill - Head of Education, Sport Ireland Anti-Doping



Elaine Cahill is the Head of Education at Sport Ireland Anti-Doping, where she combines her lifelong passion for sport and education to lead meaningful learning initiatives. With over 15 years of experience in the sports industry, Elaine blends her expertise in coaching, sports development, sports performance, and learning design to her work.

Elaine’s journey into education began over a decade ago in the fitness sector, sparking a commitment that has since seen her design and deliver innovative programs across both the fitness and sports landscapes. She has collaborated with leading organisations such as Les Mills, Aura Fitness Academy, and Sport Ireland Coaching, playing a pivotal role in developing and enhancing educational frameworks.

As an experienced coach and advocate for coach education, Elaine has shared her insights as a guest lecturer at institutions including the University of Limerick and Stellenbosch University, focusing on the evolving role of the coach in modern sport. Elaine holds a BSc in Sport Science from St Mary’s University, London, and an MSc in Sport, Exercise, and Performance Psychology from the University of Limerick. Her diverse background positions her as a key contributor to the advancement of education within sport and Clean Sport initiatives.

Eoghan Hickey - Lead Performance Nutritionist, Leinster Rugby



Eoghan received his BSc in Human Nutrition from University College Dublin and holds an MSc in Sport Nutrition from Liverpool John Moores University. Eoghan is also a fully registered member of the Sport and Exercise Nutrition Register (SENr), which is a British Dietetic endorsed body, designed to accredit suitably qualified and experienced registrants, who have the competency to work autonomously as a Sport and Exercise Nutritionist.

Eoghan worked for a number of years in the UK as a performance nutritionist with Sport Wales Institute in Cardiff, supporting athletes from a range of sports including boxing, judo and Paralympic sports, aiming to prepare for Olympic, Paralympic and Commonwealth Games

event. In 2022, he attended the Birmingham Commonwealth Games as HQ nutritionist with Team Wales. Prior to this he gained experience as academy performance nutritionist and nutrition intern with Sale Sharks Rugby and the RFU. Eoghan joined Leinster Rugby in August 2022.

Professor Susan Backhouse – Director of Research, Carnegie School of Sport, Leeds



Professor Sue Backhouse is the Director of Research in the Carnegie School of Sport at Leeds Beckett University. She is an interdisciplinary researcher and behavioural scientist focused on protecting the integrity of sport and the welfare of athletes. To do so, she works closely with policy, practice and community partners to co-develop responsive research programmes and interventions.

Sue Chairs the World Anti-Doping Agency (WADA) Taskforce on Unintentional Doping and serves as an expert advisor on the WADA Social Science Research Expert Advisory Group. She is also a member of the Chartered Association of Sport and Exercise Science (BASES) Integrity Advisory Group.

External CPD Credits will be awarded by FSEM.

For further information please contact Faculty office at sportsfac@rcsi.ie or Annemarie directly on annemariecreighton@rcsi.com or on 01 402 2382

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