



Faculty of Sports and Exercise Medicine (RCPI & RCSI)

Fellowship Criteria

There are 3 pathways to FSEM Fellowship:

- Progression Pathway (Route 1) – **4 year phase**
- Direct / Academic Pathway (Route 2)
- Training / HST SEM programme Pathway (Route 3)

Progression Pathway Membership to Fellowship Route 1	Direct / Academic Pathway Route 2	Training / HST SEM Pathway Route 3
Successful completion of FSEM CARES course	Successful completion of FSEM CARES course	
Attendance at SEMSEP Modules/Webinars etc. (*)	Recognised postgraduate qualification (MRCPI, MRCSI, MICGP, MRCP, MRCEM, etc.) or equivalent postgraduate qualification from overseas	Successful completion of HST SEM / SpR training programme and awarding of Certificate of Completion of Specialist Training (CCST) in Sports and Exercise Medicine by FSEM
Attendance at Annual Meetings (Annual Scientific Conference (ASC), Spring Study Day etc.) (*)	Recognised MSc degree in SEM or MSK	
Presentation at Faculty Meetings (*)	Any other additional Higher Qualifications (if applicable)	
Involvement in Faculty Activities (committee work, teaching etc.)	Publications (SEM Journals or SEM topics in non-SEM Journals) (*)	This is an automatic process between the FSEM office and the SpR trainees upon completion of the Irish SpR training programme
Completion of on-line MSc in SEM (when available)	Presentations (SEM Meetings or SEM topics at non-SEM Meetings)	
Evidence of 200 CPD over 4 year cycle (*) 50% Should be in SEM routes 1 & 2 only		
Support from 3 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) – <u>routes 1 & 2 only</u>		

- 1 Applicants must demonstrate satisfactory evidence of interest / involvement in Sports and Exercise Medicine through FSEM activities (route 1), recognised post-graduate qualifications and academic portfolio (route 2), or successful completion of the Higher Specialist Training Programme in Sports and Exercise Medicine (route 3)

And

- 2 Have acquired evidence of 200 SEM related CPD over the 4 year cycle (Routes 1 & 2)

And

- 3 the support from 3 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) (Routes 1 & 2)

IMPORTANT

Route 1 requirements:

(*) SEMSEP modules/webinars attendance: at least 8 modules attended in the 4 year cycle

(*) FSEM annual meetings attendance: at least 4 annual meetings in the 4 year cycle
(FSEM ASC, FSEM Spring Study Day etc.)

(*) FSEM meetings presentation: at least 2 presentations at a Faculty meeting in the 4 year cycle (Oral or Poster)

(*) Evidence of CPD activities: recording of CPD activities
(200 CPD credits in the 4 year cycle – 50% should be in Sports and Exercise Medicine)

Route 2 requirements:

(*) Evidence of presentation at meetings: Official letter on headed paper from conference organiser / copy of conference programme

(*) Evidence of publications: Copy of abstract with Journal details + impact factor

(*) Evidence of CPD activities: recording of SEM related CPD activities
(200 CPD credits in the 4 year cycle)

Notarised copies of certificates: required for all higher qualifications submitted (Membership certificates, other higher qualifications and MSc degrees)

Route 3 requirement:

Copy of CCST certificate

Procedure for Application:

The application form should be downloaded from the website, and it must be accompanied by:

- I. An up-to-date CV highlighting the applicant's medical area of expertise, as well as Sport and Exercise Medicine interest, and current involvement with the specialty (all pathways)
- II. Any supporting documentation relevant to each pathway
 - Basic copies for routes 1 & 3
 - Notarised (**) copy of postgraduate qualifications for route 2
- III. Application form duly signed by 3 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) – routes 1 & 2
- IV. Log of CPD activities over the 4 year cycle (50% in Sports and Exercise Medicine) – **see appendix to application form**
- V. And the application fee of €300

(**) Notarised copies - documents should be appropriately signed and stamped as a true copy of the original document, by a solicitor, a notary public, a justice of the peace, or a member of An Garda Síochána.