

HIGHER SPECIALIST TRAINING PROGRAMME IN SPORTS AND EXERCISE MEDICINE



CCST in Primary Specialty

(Any specialty recognised by the Medical Council of Ireland)



MSc in Sports and Exercise Medicine

(TCD, UCC etc.)
or equivalent thereof



Year 1

National Rehab. Hospital
3 months

AMNCH Tallaght
3 months

SVUH
6 months



Year 2

Cappagh National Orthopaedic Hospital
6 months

Sports Surgery Clinic Santry
6 months

ENTRY CRITERIA FOR HST SEM PROGRAMME

HST SEM Training Pathway – 3 phases

The Sports and Exercise Medicine Training Pathway for completion of Sports and Exercise Medicine Training is divided into three distinct phases:

- **Entry Criteria:**

- CCST / CCT / CSCST in a recognised specialty (*)
[Or evidence of satisfactory completion of GP training & MICGP]

AND

- MSc in Sports and Exercise Medicine (TCD, UCC etc.)

(*) PLEASE NOTE: Trainees in their last 6 months of specialist training in their primary specialty are eligible to apply for the training programme in sports and exercise medicine if they meet the entry criteria; it should be noted that successful applicants will be asked to submit verification of CCT / CCST at the time of the intake start date in July.

- **HST SEM Programme Rotations:**

3 months	<ul style="list-style-type: none">• NATIONAL REHABILITATION HOSPITAL• Dr Eimear Smith
3 months	<ul style="list-style-type: none">• AMNCH Tallaght• Dr Deirdre Ward
6 months	<ul style="list-style-type: none">• NATIONAL ORTHOPAEDIC HOSPITAL, CAPPAGH• Prof John O'Byrne
6 months	<ul style="list-style-type: none">• SVUH (ED)• Prof John Ryan
6 months	<ul style="list-style-type: none">• SPORTS SURGERY CLINIC, SANTRY• Dr Eanna Falvey / Prof Cathal Moran

- **Awarding of a Certificate of Satisfactory Completion of Specialist Training (CSCST) in Sports and Exercise Medicine** upon satisfactory completion of the HST SEM Programme (Rotations & Educational component).