



## Faculty of Sports and Exercise Medicine (RCPI & RCSI)

### Membership Criteria

There are 2 pathways to FSEM Membership:

- Progression Pathway (Route 1) – **3 year phase**
- Direct / Academic Pathway (Route 2)

Progression Pathway – Route 1 Associate Membership to Membership	Direct / Academic Pathway – Route 2
Successful completion of FSEM CARES course	Recognised postgraduate qualification  (MRCPI, MRCSI, MICGP, MRCGP, MRCEM, etc.) or equivalent postgraduate qualification from overseas
<b>Attendance at SEMSEP Modules/Webinars etc. (*)</b>	
<b>Attendance at Annual Meetings (Annual Scientific Conference (ASC), Spring Study Day etc.) (*)</b>	
<b>Presentation at meetings (*)</b>	
Involvement in Faculty Activities (committee work, teaching etc.)	
<b>Involvement with sport teams / athletes (*)</b>	
<b>Evidence of 150 CPD over 3 year period (*) – 50% CPD should be in SEM</b>	

Applicants must demonstrate satisfactory evidence of interest / involvement in Sports and Exercise Medicine through FSEM activities (route 1) or should hold a recognised post-graduate qualification (route 2),

#### IMPORTANT - Route 1 requirements:

- (\*) **SEMSEP/webinars attendance:** at least **6 modules** attended in the 3 year cycle
- (\*) **FSEM Annual meetings attendance:** at least **2 annual meetings** in the 3 year cycle
- (\*) **FSEM meetings presentation:** at least **1 presentation** at a Faculty meeting in the 3 year cycle
- (\*) **Evidence of CPD activities:** recording of CPD activities  
(150 CPD credits in the 3 year cycle – 50% SEM)
- (\*) **Involvement with sport teams / athletes (such as clubs players' welfare programmes etc.):** Official letter on headed paper from sport club outlining applicant's role / duties

**Procedure for Application:**

The application form should be downloaded from the website, and it must be accompanied by:

- I. An up-to-date CV highlighting the applicant's medical area of expertise, as well as Sport and Exercise Medicine interest, and current (or future) involvement with the specialty (both pathways)
- II. Any supporting documentation relevant to each pathway
  - Basic copies for route 1
  - Notarised (\*\*) copy of postgraduate qualification for route 2
- III. Application form duly completed
- IV.** Log of CPD activities over the 3 year cycle – **see appendix to application form**
- V. And the application fee of €200

(\*\*) Notarised copies - documents should be appropriately signed and stamped as a true copy of the original document, by a solicitor, a notary public, a justice of the peace, or a member of An Garda Síochána/Police Force.